

# Gumawa ng

# mga hakbang sa pag-iwas laban

# sa heatstroke!



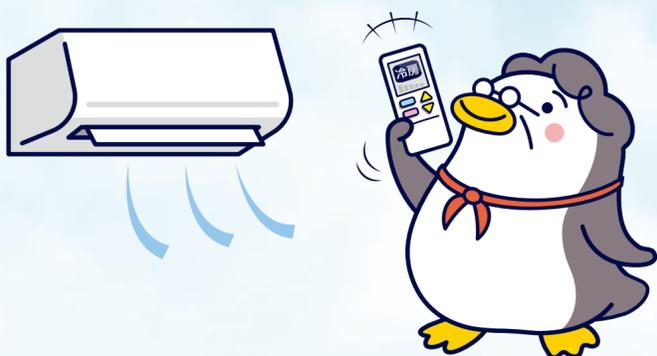
## I-check ang babala ng heatstroke!



## Magbantay at Makipagusap!



## Gamitin ang iyong air conditioner nang naangkop!



## Siguruhing uminom ng maraming likido at mag-replenish ng sodium nang regular!



Ang heatstroke ay mapanganib para sa sinuman! Mahirap magpabaya!

Para sa karagdagang impormasyon

Site ng impormasyon  
sa pag-iwas sa heat stroke

Mag-search



Tanggapan ng Gabinete

こどもみんなが  
こども家庭庁

Children and Families Agency



Fire and Disaster Management Agency



Ministry of Education, Culture, Sports, Science and Technology



Japan Sports Agency



Ministry of Health, Labour and Welfare

MAFF  
Ministry of Agriculture, Forestry and Fisheries

Ministry of Agriculture, Forestry and Fisheries



Ministry of Economy, Trade and Industry



Ministry of Land, Infrastructure and Transport



Japan Tourism Agency



Meteorological Agency



Ministry of the Environment